19. Medical Information and Consent

Information and consent

Before participation, parents or adult players should provide emergency contact details and relevant information needed to keep the player safe. Explain why the information is needed and who may access it. Obtain parental consent for a child to participate and for emergency contact arrangements, using a suitable form.

Medical needs

Record relevant allergies, medical conditions, injury restrictions and support needs only to the extent needed for safe participation. Coaches should know the practical steps required in an emergency but should not circulate sensitive information unnecessarily.

Medication

The business must agree in advance how any essential medication will be available and used during activities. Coaches should only assist with medication where they are willing, appropriately trained and the arrangement is clear and lawful. Emergency medication supplied for a child should be accessible to the responsible adults in accordance with the agreed plan.

Emergency treatment

In an emergency, call 999 where appropriate, follow professional instructions and contact the parent or emergency contact as soon as practicable. Consent forms do not replace clinical judgement or emergency procedures. Review medical information periodically and ask parents to update changes.