12. Supervision and Personal Coaching

Planning

The coach must know which players are attending, their ages and relevant needs, who is responsible for them and the venue's supervision requirements. Ratios must be appropriate to age, ability, activity, venue and risk; there is no single ratio suitable for every situation.

One-to-one sessions

Personal Coaching must be conducted in an observable, suitable environment. Where possible, parents or guardians should remain nearby or be able to observe. Avoid closed-door or secluded settings. Explain any necessary physical demonstrations and maintain professional boundaries.

Attendance and handover

Record attendance and follow the agreed drop-off and collection arrangements. Do not assume that a child is free to leave alone unless this has been agreed appropriately with the parent or guardian and is safe for the circumstances.

Unexpected circumstances

If a coach is left alone with a child unexpectedly, take steps to move to an open, observable area, contact the parent or guardian or another responsible adult, and document the circumstances where appropriate. Never leave a group unsupervised to deal with one player.